

MODULE SPECIFICATION - Personal and Professional Development in Mental Health Nursing (2)

Module Title: Personal and Professional Development in Mental Health Nursing (2)	Level: 5	Credit Value: 20
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Module code: NUR513 (if known)	Cost Centre: GANG	JACS2 code*: B 700
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**please contact Student Data Services for further guidance if necessary*

Trimester(s) in which to be offered: 1-3	With effect from: September 2012
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Office use only: To be completed by AQSU:	Date approved: 11 th June 2012 Date revised: Version no: 1
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Existing/New: New	Title of module being replaced (if any): None
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Originating Academic area: Nursing	Module Leader: Richard Mottershead
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Module duration (total hours) 200	Status: core/option/elective (identify programme where appropriate): Core for students following the Mental Health Field
Scheduled learning & teaching hours 60	
Independent study hours 140	
Placement hours 787.5 hours	

Percentage taught by Subjects other than originating Subject (please name other Subjects):	None
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Programme(s) in which BN (Hons)	Pre-requisites None
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to be offered:	per programme (between levels):
<p>Module Aims:</p> <p>This module will examine the importance of how working as a member of a team and as an autonomous practitioner facilitates the provision of person centred care across professional boundaries. It will also examine the need to acknowledge the individual's personal and professional development in the context of delivering safe and reliable care in an increasingly autonomous manner in Mental Health nursing.</p>	

<p>Expected Learning Outcomes</p> <p>At the end of this module, students should be able to:</p> <p>Knowledge and Understanding:</p> <p>Generic Learning Outcomes</p> <ol style="list-style-type: none"> 1. Reflect upon the importance of being able to work as a member of the team and as an autonomous practitioner to ensure continuity of care, and to prioritise care needs (NMC LMTW 3, 6, MH4.1) 2. Examine the need to work across professional and agency boundaries, to provide seamless transition of care, respecting the contributions of clients/service users and healthcare workers (NMC C&IS 4, LMTW 7, MH 6.1) <p>Mental Health Learning Outcomes</p> <ol style="list-style-type: none"> 3. Examine the need to practise professionally, reliably, safely and within own limitations in accordance with professional and legal frameworks/requirements in Mental Health Nursing (NMC PV 1i, 8, MH8.1i, C&IS 8, NPDM 4ii, LMTW 4ii, 6iii) 4. Reflect upon the importance of continuing personal and professional development through feedback, reflection and evaluation of own performance, seeking out and accessing information sources to enhance personal and professional development in a values based Mental Health framework (NMC PV 7i, 7ii, MH8.1ii, NPDM 6ii, MH8.1i, LMTM 4i & 4iii, MH4.1i, 5) <p>Transferable/Key Skills and other attributes:</p> <p>Strategic thinking Action orientation Information technology Problem solving Numeracy Interpersonal skills Time management Communication skills Team working</p>
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Assessment: please indicate the type(s) of assessment (eg examination, oral, coursework, project) and the weighting of each (%). ***Details of indicative assessment tasks must be included.***

Assessment One

The student will be expected to contribute to asynchronous discussions based upon experiences in clinical practice (20%), focusing on the need to practice in a professional, safe and reliable manner, whilst valuing and respecting the contributions of all healthcare workers and clients/service users, and then submit a reflective account (80%) exploring why nurses need to work autonomously and as part of a team and the impact this has upon client/service user care delivery in the context of Mental Health nursing.

Assessment Two

The student will sit a one hour on-line examination that will demonstrate the student's ability to carry out drug calculations that will be recorded as a pass/fail (pass mark set at 90%). The examination will normally take one hour under exam conditions, but students will be permitted to take up to two hours if necessary.

Assessment Three

Clinical Practice Outcomes in the '*Ongoing Record of Achievement of Practice Competence*' are summatively assessed in this module at the end of the academic year as Pass / Fail.

Derogation of regulation applicable to this module:

- Two attempts will be allowed at this module with a possible third attempt if this has not been used on another module in this academic year.
- The Safe Medicate examination has a pass mark of 90% (all attempts) and may be attempted three times. A refer in this examination does not cap the other assessment results in this module.
- There are no compensatory passes, and all elements have to be passed.
- A second attempt if needed, will be allowed within the academic year.
- Feedback on assessed work will be provided within four weeks of submission

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting	Duration (if exam)	Word count (or equivalent if appropriate)
One	1,2,3 & 4	Reflective Practice	100%		2000
Two	3	Examination	Pass/Fail (90% pass mark)	Normally 1 hour	
Three	All	Portfolio	Pass/Fail		

Learning and Teaching Strategies:

A variety of learning and teaching strategies will be used including online activities through the VLE and the e-Portfolio, in addition to workshops and interactive lectures. This will provide core knowledge and directed and self-directed study will be given to support learning. Students will be encouraged to individually and collectively reflect on practice and through this identify further individual/collective learning needs.

Syllabus outline:

Developing professional values and identity / Codes and legal frameworks / Interpersonal skills / Clinical incident reporting/ Raising and escalating concerns / Whistle blowing / Professional boundaries / Team working / Developing autonomous practice / Prioritising care / Person –centred care / Personal and Professional development / Values based Mental Health framework / Portfolio development / Basic medicines calculations / Safe Medicate / Medicine administration and management in the context of the developing autonomous practitioner / Developing Critical Analysis Skills / Moving and Handling update

EU Directive 2005/36/EC

Nature and Ethics of the profession/ General principles of health and nursing

NMC Standards

5.6.1 Research methods and use of evidence/ Professional codes, ethics, law and humanities/ Best practice

5.6.2 Autonomy, independence and self-care/ Clinical observation, assessment, critical thinking and decision making/ Supervising, leading, managing and promoting best practice (independence and autonomy)

QAA Standards

A1, A2, A3, A4, B3, B4, C1, C2

1000 Lives +

Human Factors/ Leading the way to quality improvement

Indicative reading

Clark, V. & Walsh, A. (2009), *Fundamentals of Mental Health Nursing*. Oxford: Oxford University Press.

Great Britain, Department of Health (2008), *Code of Practice: The Mental Health Act 1983*. London: The Stationary Office.

http://www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/@dh/@en/documents/digitalasset/dh_087073.pdf

Hope, R. (2004), *The Ten Essential Shared Capabilities. A Framework for the Whole Mental Health Workforce*. London: HMSO

http://www.dh.gov.uk/en/Healthcare/Longtermconditions/DH_093359

Sainsbury Centre for Mental Health (2009), *Implementing Recovery – A new framework for organisational change*. London: Sainsbury Centre for Mental Health.

Starkings, S. & Krause, L. (2010), *Passing Calculation Tests for Nursing Students*. Exeter: Learning Matters Ltd.

Other indicative reading / resources.

<https://www.safemedicate.com>